

# 30 DAYS IN PROVERBS

## R.E.A.P. STUDY PLAN

### WEEK 1

1. Proverbs 1 ☐
2. Proverbs 2 ☐
3. Proverbs 3 ☐
4. Proverbs 4 ☐
5. Proverbs 5 ☐

### WEEK 2

6. Proverbs 6 ☐
7. Proverbs 7 ☐
8. Proverbs 8 ☐
9. Proverbs 9 ☐
10. Proverbs 10 ☐

### WEEK 3

11. Proverbs 11 ☐
12. Proverbs 12 ☐
13. Proverbs 13 ☐
14. Proverbs 14 ☐
15. Proverbs 15 ☐

### WEEK 4

16. Proverbs 16 ☐
17. Proverbs 17 ☐
18. Proverbs 18 ☐
19. Proverbs 19 ☐
20. Proverbs 20 ☐

### WEEK 5

21. Proverbs 21 ☐
22. Proverbs 22 ☐
23. Proverbs 23 ☐
24. Proverbs 24 ☐
25. Proverbs 25 ☐

### WEEK 6

26. Proverbs 26 ☐
27. Proverbs 27 ☐
28. Proverbs 28 ☐
29. Proverbs 29 ☐
30. Proverbs 30-31 ☐

# R.E.A.P. STUDY METHOD

*Adapted from David Platt's  
"Secret Church: The Cross and Everyday Life"*

**READ** a passage of Scripture.

**EXAMINE** the passage for greater understanding.

- What is happening in this passage?
- What words, phrases, or ideas seem particularly important?
- What is God doing in this passage? What does this text teach me about Jesus or the Gospel?

**APPLY** the passage to your life.

- What new truths do I need to embrace?
- What sin(s) do I need to repent of and/or avoid?
- What command(s) do I need to obey? (How should I change my attitudes and habits?)
- What principle(s) need to affect the way I think, speak, and/or act? How will I implement changes in all areas of my life based on these principles?
- By the power of God's Spirit, what can I do **TODAY** to apply God's Word to my life?

**PRAY** about what you've read

- Ask God to change your heart, mind, attitudes, actions, and relationships that might not be in accordance with His Word. Pray that He would show you how to share with others what you've learned. Consider using the A.C.T.S. acronym.
  - ⇒ **Adoration:** Give God praise and honor for who he is as Lord over all. Don't think about yourself yet, but rather focus on God.
  - ⇒ **Confession:** Honestly deal with the sin in your prayer life. Ask God to search your heart.
  - ⇒ **Thanksgiving:** Verbalize what you're grateful for in your life and in the world around you.
  - ⇒ **Supplication:** Finally, pray for the needs of others and yourself. *This is where your prayer list comes in!*

